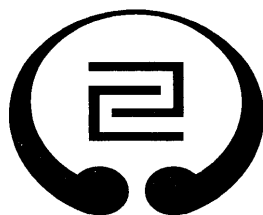


INTERNATIONAL OKINAWAN GOJU-RYU KARATE-DO FEDERATION

國際沖繩剛柔流空手道連盟

(Australia)

IOGKF GOULBURN
BUJUTSUKAN DOJO-
INSTITUTE OF
TRADITIONAL
KARATE
ABN NUMBER:
43499844684



HEAD INSTRUCTOR
SENSEI DAVID JOHN
LAMBERT
76 Gibson Street
Crestwood,
Goulburn, NSW
Australia, 2580

Dear IOGKF Instructors and members,

The IOGKF Goulburn Lambert Dojo will be hosting its third IOGKF regional event for the year. On November 5th, 2009, they will be hosting Sensei Joe Roses, IOGKF 6th Dan and Australian Joint Chief Instructor for a special seminar.

This will be Sensei Roses' second visit to the Lambert Dojo this year as he is one of the Dojo's senior advisors on their executive committee.

Below is the seminar timetable for November 5th, 2009:

4:30pm – 5:30pm:	<i>PEE-WEE ONLY SEMINAR</i>	Basics, Kata, fun training
5:30pm – 7:30pm:	<i>JUNIOR AND ADULT SEMINAR</i>	Basics, Kata, Kakie & Kumite
7:30pm – 8:00pm:	<i>DAN GRADE ONLY TRAINING</i>	Kata and Bunkai

The cost for this seminar is none. All sessions are FREE to IOGKF registered members! However spaces are limited for this seminar. All members wishing to attend must register through www.goulburnkarate.com. To avoid disappointment, we suggest registering early!

This is rare opportunity to get close to one of the IOGKF's most senior members in a smaller group scenario. Don't miss out on such a unique chance to learn from such a great instructor. A must attend session for any member looking to set a Dan grade in the next 12 months!

Sensei Joe Roses will be assisted by Sensei David Lambert, IOGKF Goulburn - Lambert Dojo, Head Instructor.

Anyone after more information should contact Sensei Lambert via:

0423 95 84 85

Or:

lambert@goulburnkarate.com

** November 5th, 2009 date is tentative and subject to change without notice. In the event date is changed, a notice will be placed on the IOGKF Australian website (www.iogkfoz.com) and the Lambert Dojo website (www.goulburnkarate.com), 24 hours prior to the start of the first session. An email informing about date changes will also be sent to all Dojo Instructors. All attendees should present their IOGKF registration book on arrival and must be 2009 IOGKF Australian registered members for insurance purposes. In the highly unlikely event Sensei Roses is unable to attend the seminar, training will be taken by Sensei Lambert.**

